



The Third Sunday in Lent

Holy Eucharist Rite II
March 8, 2026 – 10:00 a.m.

The order of service is found in The Book of Common Prayer (“BCP” - Red books)

Hymns are found in The Hymnal 1982 (“Hymnal” - Blue);

Wonder, Love & Praise (“WLP” - Green); or the spiral-bound supplement (“CECS” – Gray).

PRELUDE

THE ENTRANCE RITE

PROCESSIONAL HYMN	<i>Hymnal 473</i>
Lift high the cross	<i>Crucifer</i>
A PENITENTIAL ORDER	<i>BCP p. 351</i>
CONFESSION OF SIN & ABSOLUTION	<i>BCP p. 352</i>
THE KYRIE	<i>Hymnal S-92</i>
Lord, have mercy upon us	<i>Missa Marialis</i>
THE COLLECT OF THE DAY	<i>See insert</i>

THE WORD OF GOD

THE FIRST LESSON: Exodus 17:1-7	<i>See insert</i>
PSALM 95	<i>See Insert</i>
THE SECOND LESSON: Romans 5:1-11	<i>See insert</i>
SEQUENCE HYMN	<i>Hymnal 658</i>
As longs the deer for cooling streams	<i>Martyrdom</i>
THE HOLY GOSPEL: John 4:5-42	<i>See insert</i>
THE SERMON	<i>The Rev. Brandon P. Cooper</i>
THE NICENE CREED	<i>BCP p. 358</i>
THE PRAYERS OF THE PEOPLE – <i>Form II</i>	<i>BCP p. 385</i>
THE PEACE	

Christ Episcopal Church, North Hills

www.ChristChurchPGH.org



THE HOLY COMMUNION – Rite II

THE OFFERTORY

CHOIR ANTHEM

THE DOXOLOGY

Hymnal 380 (vs 3)

Praise God, from whom all blessings flow

Old Hundredth

THE GREAT THANKSGIVING – Eucharistic Prayer D

BCP p. 372

SANCTUS

S-125

Holy, holy, holy Lord...

Richard Proulx

THE LORD'S PRAYER

BCP p. 364

BREAKING OF THE BREAD

FRACTION ANTHEM

See insert

O Lamb of God...

Mass of Spirit & Grace

THE ADMINISTRATION OF COMMUNION

- *All baptized Christians, regardless of denomination, are invited to receive Communion.*
- *Simply hold out your hand to receive the wafer and dip it into the wine when you are offered the small chalice.*
- *You may also consume the wafer and drink from the large chalice.*
- *Gluten free wafers are available for those who request them.*

COMMUNION HYMN #1

Hymnal 304

I come with joy to meet my Lord

Land of Rest

COMMUNION HYMN #2

Hymnal 335

I am the Bread of life

I Am the Bread of Life

POST COMMUNION PRAYER

BCP p. 366

THE BLESSING

RECESSIONAL HYMN

Hymnal 480

Jesus, thou divine Companion

Pleading Savior

THE DISMISSAL

POSTLUDE

TODAY'S READINGS

THE COLLECT:

Traditional: Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever.

PEOPLE: **Amen.**

Contemporary: Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

PEOPLE: **Amen.**

THE FIRST LESSON: A Reading from the Book of Exodus

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

The Word of the Lord.

PEOPLE: **Thanks be to God**

PSALM 95 – *Venite, exultemus*

- 1 Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.

- 3 For the LORD is a great God, *
and a great King above all gods.
- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."
- 11 So I swore in my wrath, *
"They shall not enter into my rest."

THE SECOND LESSON: A Reading From Paul's Letter to The Romans

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

PEOPLE: Thanks be to God

THE GOSPEL: The Holy Gospel of our Lord Jesus Christ according to St. John

PEOPLE: **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to

one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.

PEOPLE: Praise to you, Lord Christ.

PRAYERS OF THE PEOPLE:

- For those who are infirm or in need of comfort: *Glenn McCall, Rob, Zach, Harry Williams*
- For those who are homebound: *Evelyn Arlow, Carole Campbell, Ollie Fowler, Gretel Gormley, Jean Harrison, Carolyn Werley*
- Continued prayers for: *Sandy, Nancy, Susan, Jack, Gaby Breuer, Lily Madrid, Sarah*
- For those who have died: *Bill Roller, Eileen Wygmans; For Sgt. First Class Nicole Armor, Sgt. Declan Coady, Capt. Cody Khork, Chief Warrant Officer Robert Marzan, Major Jeffery O'Brien, Sgt. First Class Noah Tietjens; and all victims of war whose names we do not know.*

DEDICATIONS:

- The Altar Flowers are given to the glory of God.
- The Aumbry Candle is given to the glory of God.

Participants in the Service

Celebrant & Preacher	The Rev. Brandon P. Cooper
Organist & Choirmaster	Ed Kapsha
Acolyte	Noel Aranda
Altar Guild	Debbie Stayer, Janet Stephenson
Greeters	David & Lisa Bischoff
Readers	Debbie Stayer, Reed Powell, Gwyni Gilliland
Ushers	David Raitt, Tom Ingram, Ed Hall, Debbie Stayer

Post-Worship Ministries

Altar Flower Delivery	Susan Randall
Coffee Hour	Jill Anguish
Counters	Tracy Rearick, Elaine Malec

Welcome!

Welcome! We're delighted you're here. Whether this is your first visit, your first time in a while, or you're with us every week—in person or online—your presence is what makes us a church. If you're new, please join us for fellowship and refreshments following the service so we can get to know you. We'd love to meet you.

A staffed Nursery and Sunday School are available during this service, and children are always welcome to remain with their parents if preferred. A quiet room just off the narthex offers a livestream of the service along with child-friendly activities. Children's bulletins are also available—just ask an usher.

Our weekly newsletter with details on activities and other information arrives via email every Friday morning. If you are not on our email list, please send an email to Eric via Office@ChristChurchPGH.org to be put on the list. For those who do not use email, we have a limited number of printed copies available – please ask an usher – or you may refer to the television screen in the Narthex

The Staff

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The Vestry

Term Ending: January 2027

David Bischoff, Jr. Warden; Jim Neral, Sr. Warden;
Bruce Quayle, Tracy Rearick

Term Ending: January 2028

Jeff Allshouse, Christina Duty, Larry Fitzgerald, Kim Zylinski

Term Ending: January 2029

Susan Harchelroad, Elaine Malec, Valerie Tardif, Tim Whitford

Christ Episcopal Church, North Hills

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